

2nd McMaster University Review Course in
INTERNAL MEDICINE
March 24 – 27, 2010



Michael G. DeGroot
SCHOOL OF MEDICINE

St. Joseph's
Healthcare & Hamilton
FOUNDATION



HAMILTON CONVENTION CENTRE

1 Summers Lane, Hamilton ON

TARGET AUDIENCE:

General Internists | Subspecialists | ER Physicians | Hospitalists
Community Physicians | Family Physicians | General Practitioners
Interns and Residents in Training Programs for Internal Medicine and its Specialties

More Information: Angela Silla, Event Coordinator
Continuing Health Sciences Education

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www.mcmasterinternalmedicine.ca
www.fhs.mcmaster.ca/conted

OBJECTIVES:

1. To learn practical approaches to medical problems from different disciplines of internal medicine encountered by hospital based medicine practitioners.
2. To learn practical approaches to medical problems from different disciplines of medicine encountered in ambulatory settings.
3. To appreciate the breadth of internal medicine problems faced by clinicians.
4. To learn about controversies in internal medicine.
5. Update your knowledge in problems encountered in internal medicine.

CO CHAIRS:

Dr. Akbar Panju
Medard DeGroot
Chair in Medicine
Professor and Vice Chair
(Clinical)
McMaster University

Dr. Paul O'Byrne
E.J. Moran Campbell
Professor
Chair, Department of Medicine
McMaster University

Dr. Martin O'Donnell
Associate Professor
William Walsh Chair in Internal
Medicine
Department of Medicine
McMaster University

Dr. Ally P.H. Prebtani
Associate Professor
Department of Medicine
McMaster University

**PLANNING
COMMITTEE:**

Dr. Christine Bradley
Associate Clinical Professor
McMaster University

Dr. Gerard Cox
Professor
McMaster University

Dr. Gregory Curnew
Associate Clinical Professor
McMaster University

Dr. Hugh Fuller
Professor
McMaster University

Dr. Shariq Haider
Associate Professor
McMaster University

Dr. Rajendar Hanmiah
Associate Professor
McMaster University

Dr. William Harper
Associate Professor
McMaster University

Dr. Dereck Hunt
Associate Professor
McMaster University

Dr. Barry Lumb
Professor
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Dr. Ameen Patel
Professor
McMaster University

Dr. Demetrios Sahlas
Associate Professor
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Dr. Richard Tytus
Clinical Associate Professor
McMaster University

Dr. Parveen Wasi
Professor
McMaster University

Ms. Gail LaForme
Administrative Assistant
Department of Medicine

Ms. Sheilah Laffan
Administrator, CHSE
McMaster University

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University; Continuing Health Sciences Education requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered.

Wednesday March 24th, 2010**Morning Session**

Akbar Panju, Moderator

07:00 – 07:45	Registration and Breakfast
07:45 – 08:00	Welcome & Introduction Paul O'Byrne Akbar Panju
08:00 – 08:20	What to do with the patient who has recurrent and refractory heart failure? Robert McKelvie
08:20 – 08:40	How to manage a patient with paroxysmal atrial fibrillation; pill in pocket and/or ablation? Jeff Healey
08:40 – 09:00	When to order cardiac catheterization? Madhu Natarajan
09:00 – 09:20	Should all patients with low ejection fraction have ICD / cardiac resynchronization therapy? Girish Nair
09:20 – 09:40	Panel Discussion Q&A
09:40 – 10:00	Coffee Break
10:00 – 10:20	Managing valvular disease in pregnancy Omid Salehian
10:20 – 10:40	Nephrotic syndrome; what's new? Peter Margetts
10:40 – 11:00	Post-operative acute renal failure David Russell
11:00 – 11:20	Management of chronic renal failure Darin Treleaven
11:20 – 11:40	Panel Discussion Q&A
11:40 – 01:00	Lunch

Afternoon Session

Martin O'Donnell, Moderator

01:00 – 01:20	Sleep apnea; who should be investigated? Nicole Drost
01:20 – 01:40	COPD exacerbations; management of patients with frequent admissions David Todd
01:40 – 02:00	ABC's of interstitial lung disease Gerry Cox
02:00 – 02:20	Panel Discussion Q&A
02:20 – 02:40	Coffee Break
02:40 – 03:00	All that wheezes is not asthma; what else should we look for? Parameswaran Nair
03:00 – 03:20	Medical and surgical management of obesity Tony Chetty
03:20 – 03:40	Preparing for a pandemic Mark Loeb
03:40 – 04:00	When to call a surgeon for a soft tissue infection? Fiona Smaill
04:00 – 04:20	Panel Discussion Q&A
	Debate Rajendar Hanmiah, Moderator
04:20 – 05:00	Debate: Should ACEI's and ARB's be combined? Dianne Arlen vs. Eva Lonn

Thursday March 25th, 2010**Morning Session**

Ally Prebtani, Moderator

07:00 – 08:00	Registration and Breakfast
08:00 – 08:20	Should newer oral anticoagulants replace warfarin? Jeffrey Weitz
08:20 – 08:40	When do we combine oral anticoagulants with antiplatelet drugs? Martin O'Donnell
08:40 – 09:00	Interpreting abnormal coagulation tests Wendy Lim
09:00 – 09:20	Peri-operative anticoagulation management; prophylaxis & bridging James Douketis
09:20 – 09:40	Panel Discussion Q&A
09:40 – 10:00	Coffee Break
10:00 – 10:20	Acute headache in the Emergency Department Suneel Upadhye
10:20 – 10:40	Should we treat the first seizure in the elderly? Luis Morillo
10:40 – 11:00	Approach to painful sensory neuropathy Ammar Gilani
11:00 – 11:20	Parkinson's syndromes and drug therapy John E. Paulseth
11:20 – 11:40	Panel Discussion Q&A
11:40 – 01:00	Lunch

Afternoon Session

Christine Bradley, Moderator

01:00 – 01:20	Approach to C. Difficile Christine Lee
01:20 – 01:40	HIV Update; past, present, and future Phillipe El-Helou
01:40 – 02:00	Febrile neutropenia; how to treat? Shariq Haider
02:00 – 02:20	Panel Discussion Q&A
02:20 – 02:40	Coffee Break
02:40 – 03:00	Rational management of upper GI bleeding Gregoris Leontiadis
03:00 – 03:20	Nutritional assessment and feeding modalities David Armstrong
03:20 – 03:40	Management of viral hepatitis Keith Tsoi
03:40 – 04:00	Panel Discussion Q&A
	Debate: Khalid Azzam, Moderator
04:00 – 04:40	Debate: Asymptomatic Carotid Artery Stenosis; surgery or medical management Paula Klurfan vs. Jaime Silva

Friday March 26th, 2010**Morning Session**

Hugh Fuller, Moderator

07:00 – 08:00	Registration and Breakfast
08:00 – 08:20	New drugs for diabetes William Harper
08:20 – 08:40	Hyperthyroidism; approach and management Meera Luthra
08:40 – 09:00	Management of acute hypercalcemia Tom Kouroukis
09:00 – 09:20	Who and how to investigate for adrenal insufficiency? Ally Prebtani
09:20 – 09:40	Panel Discussion Q&A
09:40 – 10:00	Coffee Break
10:00 – 10:20	Drugs to avoid in pregnancy Dan Perri
10:20 – 10:40	How to use opioids in non-cancer chronic pain patients? Roman Jovey
10:40 – 11:00	Avoiding drug interactions Mitch Levine
11:00 – 11:20	How to determine drug allergy; who and how to test for it? Susan Waserman
11:20 – 11:40	Panel Discussion Q&A
11:40 – 01:00	Lunch

Afternoon Session

Ameen Patel, Moderator

01:00 – 01:20	How to treat refractory hypertension? Christian Rabbat
01:20 – 01:40	Use and misuse of advance directives William Molloy
01:40 – 02:00	How to assess frailty in the elderly? George Heckman
02:00 – 02:20	When to use drug therapy in the cognitively impaired patient? Tricia Woo
02:20 – 02:40	Panel Discussion Q&A
02:40 – 03:00	Coffee Break
03:00 – 03:20	Anemia in the elderly; how far to investigate? Deborah Marcellus
03:20 – 03:40	Approach to the high ferritin and high iron saturation Parveen Wasi
03:40 – 04:00	When is thrombocytopenia ITP? Donald Arnold
04:00 – 04:20	Panel Discussion Q&A
	Debate: Pungi Dorasamy, Moderator
04:20 – 05:00	Debate: Cholinesterase inhibitors for all patients with dementia Christopher Patterson vs. Anne Holbrook

Saturday March 27th, 2010**Morning Session**

Akbar Panju, Moderator

07:00 – 08:00

**Registration and
Breakfast****Debate:** Mark Crowther, Moderator

08:00 – 08:40

Debate: Aspirin for
primary prevention of
vascular disease
**Shamir Mehta vs.
John Eikelboom**

08:40 – 09:00

Immunomodulators
in rheumatological
conditions
Alfred Cividino

09:00 – 09:20

Temporal arteritis and
polymyalgia rheumatica;
diagnosis, investigations
and management
Nader Khalidi

09:20 – 09:40

Osteoporosis, IV, PO, once
a week, once a month
or once a year, new
treatments
Aliya Khan

09:40 – 10:00

Panel Discussion Q&A

10:00 – 10:20

Coffee Break

10:20 – 10:40

When to worry about a
pigmented skin lesion?
Judy Wismer

10:40 – 11:00

Contemporary
management of chronic
skin ulcers
Stephan Landis

11:00 – 11:30

Biology of Virtue
Thomas Ryan

11:30 – 11:50

Panel Discussion Q&A

11:50 – 12:00

**Closing Comments from
Co-Chairs**

12:00 – 01:00

Lunch**STUDY CREDITS**

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools and the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:

**The College of Family Physicians of Canada
Mainpro-M1**

This educational program meets the accreditation criteria of The College of Family Physicians of Canada, and has been accredited for **24.33** Mainpro-M1 credits.

**The Royal College of Physicians and
Surgeons of Canada**

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **24.33** credits per participant.

**American Medical Association PRA
Category 1**

This educational activity is approved for a maximum of **24.33** hours in Category 1 credit towards the AMA Physician's Recognition Award.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

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Dr. David Armstrong
Associate Professor

Dr. Donald Arnold
Assistant Professor

Dr. Khalid Azzam
Assistant Professor

Dr. Christine Bradley
Associate Clinical
Professor

Dr. Tony Chetty
Assistant Professor

Dr. Alfred Cividino
Clinical Professor

Dr. Gerry Cox
Professor

Dr. Mark Crowther
Professor

Dr. Punji Dorasamy
Associate Professor

Dr. James Douketis
Professor

Dr. Nicole Drost
Assistant Professor

Dr. John Eikelboom
Associate Professor

Dr. Philippe El-Helou
Associate Professor

Dr. Hugh Fuller
Associate Professor

Dr. Ammar Gilani
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Dr. Jeff Healey
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Dr. Meera Luthra
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Dr. Deborah Marcellus
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Dr. Ally P. H. Prebtani
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Dr. Christian Rabbat
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Dr. David Russell
Associate Professor

Dr. Thomas Ryan
Associate Clinical
Professor

Dr. Omid Salehian
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Dr. Jaime Silva
Assistant Clinical
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Dr. Fiona Smail
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Dr. David Todd
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Dr. Parveen Wasi
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Guelph General Hospital

INFORMATION

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PLEASE VISIT

www.mcmasterinternalmedicine.ca

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REGISTER BY MAIL

Send your completed registration form to:

c/o Rose Galano

Continuing Health Sciences Education (CHSE)

McMaster University

1200 Main Street West, MDCL 3510

Hamilton, ON L8N 3Z5

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Bring your completed registration form with Visa, MasterCard, AMEX or cash payment to the Continuing Health Sciences Education MDCL 3510 office, Monday to Friday between the hours of 9:30 am – 4:00 pm

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ACCOMMODATIONS

Please register online at

<http://www.starwoodmeeting.com/Book/review>

or call directly for conference rates:

* Quote "McMaster Internal Medicine"

Sheraton Hotel

116 King Street West

(905) 529-5515 or 1-800-514-7101

*A limited number of rooms have been blocked at the conference rate and are available on a first come first served basis until **February 19, 2010**.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **March 10, 2010** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

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- That may arise out of, or during this conference.

FROM TORONTO

Take Hwy 407 West or the

QEW West to Hwy 403 Hamilton.

Exit at Main St East exit and follow past Bay St to Summers Lane.

The Convention Centre is on Summers Lane.

See map for parking locations.

FROM NIAGARA FALLS, FORT ERIE

Take QEW West to Hamilton and exit at Burlington St.

Turn left at Wellington St. North and right at King St. East.

The Convention Centre is on Summers Lane

Just past MacNab St.

See map for parking locations.

FROM LONDON, WINDSOR

Take the 401 East to the 403 East Hamilton.

Proceed to Main St. East exit in Hamilton

and follow it past Bay St to Summers Lane.

The Convention Centre is on Summers Lane.

See map for parking locations.



PARKING LOCATIONS

- | | |
|-------------------------------|-------------------|
| 1. Hamilton Convention Centre | 6. Library |
| 2. Hamilton Place | 7. Eaton Centre |
| 2. City Hall | 8. Jackson Square |
| 4. Sheraton Hotel | P Parking |
| 5. Copps Coliseum | → One Way Streets |

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MORE INFORMATION:

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